

eastcoast
chiropractic

SUMMER Bucket List

- Canada Day Events downtown
- Walk the Bill Thorpe Walking Bridge
- Picaroons
- Officer Square Concert
- Garrison Night market
- Quilly's Family Fun Factory
- Callithumpians Play
- Nashwaak Tubing
- Kings Landing Tour
- Killarney Bike Trails
- Wolastoq adventures inc. kayaking
- Mactaquac Beach Day
- Royals Baseball Game
- Under the stars film series
- Boyce Farmers Market
- Outdoor pickleball/tennis
- Beach Volleyball at Willie O'Ree
- Highland Games Festival
- Dunbar Falls Hike
- Hartt Island Water Park

